

Express Mail No. EL 936642933 US Attorney Docket No. 10029.02

IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

In re Application of		)	Confirmation No. 2619
Kevin LAMAR et al.		)	Group Art Unit: 3764
Appl. No.:	09/805,067	)	Examiner: Not Yet Assigned
Filed:	March 12, 2001	)	
Title:	GROUP PROGRAM FOR RESISTANCE EXERCISE TRAINING	)	

Commissioner for Patents Washington, D.C. 20231

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Name: Krish

Signature:

## PRELIMINARY AMENDMENT

Sir:

Please amend the above-identified application as follows:

Please replace the paragraph beginning at page 1, line 6, after "CROSS-REFERENCE

TO RELATED APPLICATIONS" with the following rewritten paragraph:

This application claims the benefit of United States Provisional Application No. 60/188381 entitled "Variable Load Multi-Position Bench Exercise Unit and Associated Group Exercise Program" and filed March 10, 2000, by Andrew P. Lull et al., and United States Provisional Application No. 60/274590 entitled "Group Program for Resistance Exercise Training" and filed March 9, 2001, by Kevin Lamar et al., (the "Provisional Applications"). The

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For:

GROUP PROGRAM FOR RESISTANCE

EXERCISE TRAINING

## **CERTIFICATE OF MAILING BY EXPRESS MAIL**

Commissioner for Patents 2900 Crystal Drive Arlington, Virginia 22202-3513

Sir:

The undersigned hereby certifies that the following documents:

- 1. Preliminary Amendment;
- 2. Certificate of Mailing by Express Mail; and
- 3. Return Card,

relating to the above application, were deposited as "Express Mail," Mailing Label No. EL 936642933 US with the United States Postal Service, addressed to Commissioner of Patents, 2900 Crystal Drive, Arlington, Virginia 22202-3513, on this 24th day of \_\_\_\_\_\_, 2002.

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